

Can You Go Zero Waste?

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Over the last 3 months, 460 Lonsdale St has diverted 3.6 tonnes of waste from landfill. The recycling rate for this period (by volume) is 52%, which is a 10% increase from previous quarter. Keep up the good work.

Below are the results from the last quarter.

460 Lonsdale St Environmental Results Mar - Jun 09

Paper/cardboard recycled	3 Tonne
Trees Saved	44 trees
Oil Saved	8 barrels
Electricity Saved	13,762 kWh
Water Saved	106,674 litres
Greenhouse Gas avoided	8 tonnes

Zero Waste Challenge

Here's a challenge for you! Do you think you can live without generating landfill waste for a whole week? You have an opportunity to give it a go and find out. The experiment will take place on the last week of July (26th Jul to 1st Aug) conducted by the Ethical Consumer Group.



For some this may mean not disposing of anything that is not recyclable in your council's curbside collection guidelines, others may chose to avoid buying things that have any packaging waste including recyclables. Your access to composting facilities will also be a factor in the way you participate.

If you would like more information on the challenge, how to participate and related topics, visit the Ethical Consumer Group website www.ethical.org.au/zero_waste

Phase Out Disposable Cups



Most of us enjoy our coffee very much, even more since it became available in 'take-away' cups. But consider that when auditing office waste, Great Forest Australia often sees up to 20%, by volume, disposable cups.

Purchasing a reusable mug is a great way to reduce the use of disposable cups, given they're not recyclable in most systems!

There are all sorts of travel mugs on the market, here are a few things to look out for:

- Size – does it fit under the coffee machine and have the right volume for a perfect coffee
- Materials – durable, non-toxic and recyclable
- Usability – easy to take with you and rinse clean

The Keep Cup is one we're very excited about, (pictured above) check it out: keepcup.com.au

Game Time in The Office!

This is such a great game to play. You won't want to quit...

The ABC website has a "Green Guru" who answers questions regarding green office matters. The Guru has a game that is perfect for the keen green office worker. You can test your knowledge of the environmental benefits of various office practices. How green is your collar? Go to <http://www.abc.net.au/greenatwork/> and, click on "Play the Game". Be warned – It is addictive...

